

GYMNASIUM SCHEDULE

JANUARY 20-MARCH 1, 2026



SUNDAY	MONDAY		TUESDAY		WEDNESDAY		THURSDAY		FRIDAY		SATURDAY	
TIME	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2	Court 1	Court 2
5: 00AM												
6: 00AM												
7:00AM												
8:00AM												
9:00AM												
10:00AM												
11:00AM												
12:00PM												
1:00PM												
2:00PM												
3:00PM												
4:00PM												
4:30PM												
5:00PM												
5:30PM												
6:00PM												
6:30PM												
7:00PM												
7:30PM												
8:00PM												
8:30PM												
9:00PM												
9:15PM												

Key:

Adult Pick Up Basketball:
16+ years/skill level, full court games.

Family Gym:
All ages, no full court games.

Open Gym:
All ages, may play full court pick up games.

Adult Volleyball:
14+ years/skill level, pick up game, half courts.

***REGISTRATION REQUIRED**



WE'RE WITH YOU FOR LIFE!

Withnell Family YMCA
685 Court St NE
Salem OR 97301

503.581.9622
theyonline.org